



## West Allegheny High School School Counselor Recommendation Request

Student Name \_\_\_\_\_ Preferred email \_\_\_\_\_

Counselor    \_\_\_ Ms. Birnie    \_\_\_ Mrs. Kriznik    \_\_\_ Miss Montecalvo    \_\_\_ Mrs. Mooney

Please list the names of all colleges (or scholarships or employers) for which you need a counselor letter of recommendation. Check yes or no to let your counselor know if you are using the Common App to apply, and list the application deadline:

College _____	Common App	___ YES	___ NO	App. Deadline _____
College _____	Common App	___ YES	___ NO	App. Deadline _____
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College _____	Common App	___ YES	___ NO	App. Deadline _____
College _____	Common App	___ YES	___ NO	App. Deadline _____

Please answer the following questions to help your counselor write your recommendation letter:

1. What is/are your favorite school subject(s)? \_\_\_\_\_
2. What about this/these subject(s) makes it/them your favorite? \_\_\_\_\_  
\_\_\_\_\_
3. What is your current plan for a college major/career? If undecided, please list majors/careers in which you have an interest. \_\_\_\_\_  
\_\_\_\_\_
4. Describe what got you interested in that major/career path and what you hope to do with that major/career. \_\_\_\_\_  
\_\_\_\_\_
5. List the main activities – clubs, sports, hobbies, etc. – in which you have participated both in and outside of school throughout your high school years.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
6. List any leadership positions held and/or awards or recognition earned for the activities listed above.  
\_\_\_\_\_  
\_\_\_\_\_

7. List any community service/volunteer activities in which you have participated throughout high school.

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8. 8A. Do you work at a part-time job? \_\_\_\_\_ NO \_\_\_\_\_ YES

8B. If yes, where do you work, and how long have you worked there? \_\_\_\_\_

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9. 9A. Which of the above activities, community service experience, or job has been most important to you throughout high school? \_\_\_\_\_

9B. Explain why it has been so important and what you have learned from the experience.

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10. What are some adjectives you think your teachers might use to describe you?

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11. What are some adjectives you think your family and/or friends might use to describe you?

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12. Give an example of how one or more of those adjectives describes you well: \_\_\_\_\_

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13. What is one of your strengths (academically, personally, socially, etc.) and how does it show?

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14. What is one of your weaknesses, and what do you try to do to improve in that area?

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15. Tell your counselor something she wouldn't know about you from looking at your transcript or reading your answers to any of the questions above. You can describe in detail one or more experiences you've had (personal, travel, work, or unique educational experiences), and explain how the experience has impacted your life, talk about your bucket list goals, or just share some fun facts about yourself! \_\_\_\_\_

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