# **Resource** List

**To Volunteer Time:** 

www.pittsburghcares.org www.volunteermatch.org



#### www.compass.state.pa.us

Medical Assistance, Cash Assistance, SNAP, LIHEAP, Long Term Care, Home & Community Based Services

### HELPLINE 1-800-692-7462

(8:30 AM-4:45 PM, Monday-Friday)



### http://www.chipcoverspakids.com/

Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance



SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental health and/or substance use disorders. http://www.samhsa.gov/

1-800-SAMHSA-7 (877-726-4727)





Do you need help working something out? Do you want to talk to someone who understands, like another teen? Call (310) 855-HOPE or (800) TLC-TEEN (nationwide toll-free) from 6pm to 10pm PST. Text "TEEN" to 839863 between 5:30pm-9:30pm PST to speak with one of our teens



of Greater Pittsburgh 24-Hour Hotline: 412-687-8005 (local) 1-877-338-8255 (toll free) Contact our Office 412-687-8017 www.wcspittsburgh.org

### The National Domestic Violence Hotline:

www.thehotline.org 1-800-799-7233 (safe) 24/7 phone support Live chat services (7AM-2PM CST)

## West Allegheny Food Pantry

www.westalleghenyfoodpantry.com 520 RTE 30 Imperial, PA 15126

724-695-1305



Mon-Thurs 9am-8pm | Fri-Sat 9am-4pm | Sun CLOSED



**Re:solve Crisis Network** provides round-the-clock, mental health crisis intervention and stabilization services for residents of Allegheny County in Pennsylvania.



Center for Victims is the most comprehensive and inclusive provider of services, advocacy and education for victims of all crimes. 24 Hour Crisis Hotline: 866-644-2882 www.centerforvictims.org